



Chepstow Walkers are Welcome Walking for Health

SUPPORTED BY



8 week walking programme- Chepstow

Week	Date	Walks	Distance in miles	Walk Leader(s)
1	Monday 24 th Feb 25	Caldicot	2.5	Dennis and Helen
2	Monday 3 rd Mar 25	Raglan	3	Helen and Phil
3	Monday 10 th Mar 25	New Fancy	2.5	Phil and Dennis
4	Monday 17 th Mar 25	Usk	2.5	Helen and Dennis
5	Monday 24 th Mar 25	Trellech Beacon	3	Dennis and Phil
6	Monday 31 st Mar 25	St Pierre Great Woods	2.7	Helen and Dennis
7	Monday 7 th Apr 25	Easter Compton	2.8	Phil and Helen
8	Monday 14 th Apr 25	Great Barnett Woods	2	Dennis and Phil

Meeting Point: Chepstow Leisure Centre Car Park.

* **New walk**

** **Suitable for walking aids**

Meeting time: 10:00am (In order to car share and make way to walk starting point for 10:30am start).

- Walks to be risk assessed by walk leader for each walk in advance of the proposed walk.
- An alternative route/ walk will be offered if the proposed route is unsuitable (E.g. due to weather).
- If necessary (e.g. adverse weather) please contact the nominated walk leader to check if the walk will go ahead.